

# FREE Fitness Classes

Offered in Greensburg, IN

★ **Power Core & Cardio**

May 22 | 5-6 p.m.

Instructor: Bridget Eastwood

★ **Power Core & Cardio**

May 29 | 5-6 p.m.

Instructor: Bridget Eastwood

**Zumba with Lisa**

June 8 | 9-10 a.m.

Instructor: Lisa Schwering

★ **Stability Class**

June 12 | 5-6 p.m.

Instructor: Dawn Ernstes

★ **Tae Kwon Do**

May 22 | 6-7 p.m.

Instructor: Matt Boersma

★ **Boom Move**

June 5 | 5-6 p.m.

Instructor: Dawn Ernstes

★ **Yoga**

June 8 | 10-11 a.m.

Instructor: Becci Schutte

**Zumba with Lisa**

June 15 | 9-10 a.m.

Instructor: Lisa Schwering

★ **Yoga**

June 15 | 10-11 a.m.

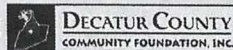
Instructor: Becci Schutte

**Class Affiliated With:**

★ Decatur County Family YMCA

★ Haseya Yoga & Healing

Made possible thanks to the:



**All Classes Located at the Rebekah Park Amphitheatre  
115 N. County Road 80 NE | Greensburg, IN**



Decatur County  
Memorial Hospital  
The Quality Care You Want Close By.

